

Abundance
Acceptance
Accountability
Achievement
Adaptability
Adventure
Advocacy
Ambition
Authenticity
Autonomy
Balance
Belonging
Boldness
Bravery
Calm
Candor
Care
Certainty
Challenge
Change
Charity
Clarity
Collaboration
Commitment
Community
Compassion
Competence
Confidence
Connection
Consistency

Contentment
Contribution
Control
Courage
Creativity
Credibility
Curiosity
Decisiveness
Dependability
Depth
Devotion
Dignity
Discipline
Discovery
Diversity
Drive
Duty
Education
Efficiency
Elegance
Empathy
Encouragement
Endurance
Energy
Enjoyment
Enthusiasm
Entrepreneurship
Equality
Excellence
Expertise

Exploration
Fairness
Faith
Family
Flexibility
Focus
Forgiveness
Freedom
Friendship
Fun
Generosity
Grace
Gratitude
Growth
Happiness
Harmony
Health
Honesty
Honor
Hope
Humility
Humor
Impact
Independence
Influence
Innovation
Integrity
Intelligence
Intuition
Joy
Justice
Kindness

Knowledge
Leadership
Learning
Legacy
Leisure
Loyalty
Mastery
Meaning
Mindfulness
Moderation
Motivation
Openness
Optimism
Order
Originality
Passion
Patience
Peace
Perseverance
Personal Development
Play
Pleasure
Possibility
Power
Practicality
Preparedness
Presence
Prestige
Productivity
Professionalism
Prosperity
Purpose
Recognition

Reflection
Reliability
Resilience
Respect
Responsibility
Risk-Taking
Safety
Security
Self-Expression
Self-Respect
Service
Simplicity
Spirituality
Spontaneity
Stability
Strength
Structure
Success
Support
Sustainability
Teamwork
Tradition
Transparency
Trust
Understanding
Uniqueness
Vision
Vitality
Wealth
Well-being
Wisdom
Wonder
Work Ethic

Top Values:

1. _____

2. _____

3. _____

4. _____

5. _____

VALLEYS

What is problem that keeps coming up for you over and over again?

What obstacles get in your way?

What resources (personal or professional) do you not have that you need?

VITALITY

What leader inspires you?
What are their traits?

When have you felt most proud of how you led?

What problem(s) in the world (or your org) do you feel most excited to solve?

VISION

What problem(s) in the world (or your org) do you feel most excited to solve?

In five years, in what area of leadership would you have grown?

What do you want to be known for at the end of your career?