

Meg Myers Morgan, PhD

Know Your WorthTM

Dr. Meg Myers Morgan speaks to women about self-worth and how it transforms the rooms you enter, the deals you make, and the life you lead.

watch reel.

“Her talk was incredible... one of the best I’ve experienced at a conference, maybe ever.”

Julia Soffa, Pennsylvania Women’s Conference attendee

The Setlist.

A Self-Worth Journey, in Three Acts

the breakdown.

keynote

The Great Unraveling:

*How to Untangle From What is
No Longer Serving You*

the becoming.

keynote

Know Your Selves:

*A Self-Awareness Framework for the
Past, Present, and Future You*

the bargaining.

keynote

Everything Is Negotiable:

*How to Ask for Everything You Want
In Life and Work (and Get It)*

Dr. Morgan's keynotes trace a single journey through self-worth, told in three parts: breaking down what isn't working in women's careers and lives, rebuilding their sense of self once old assumptions and habits fall away, and turning self-worth into action by negotiating for what they need and want. Each talk stands entirely on its own — and each one leaves women with a sharper sense of their own value and the confidence to lead from it.



@megmyersmorgan

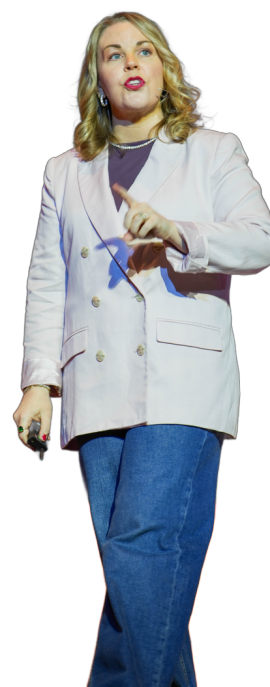
speaker@megmyersmorgan

megmyersmorgan.com

*“Easily the strongest speaker
we've worked with.”*

-Marcia Davies, COO
Mortgage Bankers Association

proof meg's worth it



master storyteller.
whip-smart comedian.
performance artist.



"I'm still marinating in the wisdom...so many lessons wrapped in professional-grade comedic timing."

—Leslie Winick, Chief Strategy Officer at MC Trade

The Know Your Worth ExperienceTM

Don't book a keynote, book a transformation.

The Know Your Worth Experience[®] combines a hands-on intensive workshop, a page-turner keynote, and a book signing meet-and-greet into one full-arc engagement. One speaker. Three touchpoints. An audience that doesn't just listen — they transform.



Dr. Meg Myers Morgan delivers visually-driven, meticulously crafted shows that explore self-worth – the thing that determines the rooms we enter, the deals we negotiate, and the lives we lead. Audiences laugh out loud, then go quiet. Sometimes in the same breath. Her true superpower? She speaks to hundreds and makes every single person feel privately known in a packed room. The result: women leave with language for things they couldn't name before and the nerve to act on them. If Meg senses there's a group of women somewhere who are burned out, undervaluing themselves, or shrinking in rooms they should be owning, rest assured she's lacing up her sneakers and heading their way.



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